THE USE OF CHATGPT IN ENGLISH LANGUAGE LEARNING: OPPORTUNITIES, INTERACTIVE METHODS, AND CHALLENGES

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Abstract: The rapid growth of Artificial Intelligence (AI) has completely changed modern education, especially how we teach and learn the English language. Today, ChatGPT is one of the most popular and powerful AI tools available. It can talk like a real human, give instant answers, and help students learn in a highly interactive way. This article looks deeply at the good sides and the bad sides of using ChatGPT to learn English. We reviewed many research papers, teacher reports, and case studies published between 2022 and 2026 to see how AI is actually used in real life.

The results show that ChatGPT is amazing for helping students learn new words in context, practice difficult grammar rules, write better academic essays, and role-play real-life conversations. It is especially useful for creating interactive learning environments that challenge all types of learners, from beginners to highly gifted students. However, there are also serious problems to consider. Students might start to rely on AI too much, stop thinking for themselves, or learn wrong information when the AI makes a mistake. In the end, this article shows that ChatGPT is a fantastic helper for learning English, but only if students use it carefully and teachers guide them properly.

Keywords: ChatGPT, Artificial Intelligence, English learning, EFL, educational tools, interactive methods, digital learning, independent study

Introduction

Technology has been a part of our classrooms for many years. We are used to computers, projectors, and digital whiteboards. But Artificial Intelligence (AI) has brought a completely new and exciting change to education. It is not just a machine that shows information; it is a system that can think, analyze, and talk like a human being. ChatGPT is leading this big change. It allows students to have real, two-way conversations and get personal help anytime, day or night.

Learning English as a foreign language is a lot of hard work. To become fluent, a student must practice reading, writing, listening, speaking, grammar, and vocabulary every single day. In a normal classroom, the situation is difficult. One teacher usually has to teach 20 to 30 students at the same time. This means it is impossible for the teacher to sit down with every single student and give them an hour of personal speaking practice or check every single sentence they write. Because of this lack of time, students who want to improve must look for extra help outside of the school.

ChatGPT is the perfect tool for this problem. It acts like a personal, digital tutor that never gets tired, never gets angry, and never needs to sleep. Students can ask simple or very complex questions, practice conversations, and get their mistakes corrected right away. Because it gives quick feedback, students enjoy using it much more than reading a boring textbook. It fits perfectly with modern, interactive teaching methods. Instead of just sitting and listening to a teacher, students actively type, read, think, and reply to the AI.

This technology is helpful for everyone, but it is especially great for gifted students who learn faster than the rest of the class. When the normal lesson is too easy, an advanced student can ask ChatGPT to give them harder reading materials, complex logic puzzles, or advanced vocabulary tests.

But we must also talk about the dangers. ChatGPT is very fast and always sounds very confident, even when it is wrong. Because it is so easy to use, some students might let the AI do all their homework. If a student uses ChatGPT to write all their essays, their brain will become lazy. They will not improve their own thinking skills. Also, AI is not perfect. Sometimes it invents facts or gives wrong grammar rules.

This article will explain the best ways to use ChatGPT to learn English, and it will also warn about the dangers. By looking at recent studies, we want to help teachers and students understand how to use this powerful AI safely and effectively.

Methodology

To truly understand how ChatGPT affects English learning, this article uses a "literature review" method. We did not go into a school and do a new experiment. Instead, we gathered, read, and analyzed many different academic papers, books, and reports that other scientists have already published.

We looked closely at research published between 2022 and 2026. This is the exact time when ChatGPT was created and became famous all over the world. We searched big academic libraries and databases (like Google Scholar and ERIC) for important keywords like "ChatGPT," "English Language Learning," "Interactive Methods," and "Vocabulary Acquisition."

We did not just read the papers; we compared them. We looked at case studies of how teachers use AI in their classrooms. We read surveys about how students feel when they use ChatGPT for their homework. After gathering all this information, we grouped it into three main topics:

Language Skills: How AI helps with reading, writing, speaking, and listening.

Interactive Learning: How it helps students study on their own and stay motivated.

The Dangers: The problems it causes, like cheating, lazy thinking, and the AI making mistakes.

By looking at many different studies from around the world, this review gives a very clear and simple picture of how ChatGPT is changing English education today.

Results and Discussion

The research clearly shows that ChatGPT has become a normal, everyday part of how students study English. It gives instant help, which completely changes how students do their homework. Here is a detailed look at how it helps, and where it causes problems.

Writing is usually the most difficult skill for English learners. In traditional education, a student writes an essay, gives it to the teacher, and then waits a week to get it back. By the time the student sees the red marks on their paper, they have forgotten what they were thinking. They just look at the grade and put the paper away.

ChatGPT fixes this problem by giving feedback in three seconds. A student can use it as a brainstorming partner. For example, if a student needs to write an essay about protecting nature, they can ask the AI, "Can you give me three good ideas to write about?"

After writing the first draft, the student can give it to ChatGPT and ask, "Please check my grammar and make my sentences sound more professional." The AI will instantly show them how to fix their mistakes. This quick, interactive feedback makes students feel braver. They are not afraid to make mistakes because the AI does not judge them. This encourages them to write much more often.

Just memorizing a long list of words from a dictionary is boring, and students usually forget the words the next day. To really learn a word, you have to see how it is used in real sentences and real situations.

ChatGPT is amazing at teaching vocabulary interactively. For instance, a student can ask, "What is the difference between the words 'look,' 'see,' and 'watch'?" The AI will explain it simply.

Even better, the student can ask the AI to write a short story using new words. If a student is learning business English, they can say, "Write a short email using the words 'negotiate,' 'contract,' and 'agreement'." This helps students understand exactly how to use the words correctly in real life.

Learning grammar rules from a heavy textbook can give anyone a headache. AI changes grammar from a boring reading task into a fun, interactive conversation.

When a student makes a mistake, they do not just get a red 'X'. They can ask ChatGPT, "Why is my sentence wrong? Explain it to me like I am a beginner." The AI will explain the rule step-by-step.

Teachers can also use this for interactive lessons. A teacher can tell students to ask ChatGPT to create a custom grammar test. If a student always makes mistakes with past tense verbs, the AI can generate a special 10-question quiz just for that student. This means every student gets exactly the help they need.

Speaking is very hard to practice if you live in a country where people do not speak English. While ChatGPT is mostly used by typing, its interactive nature is perfect for practicing conversations.

Students can use it for real-life role-playing. This is highly beneficial for university students preparing for their future careers. For example, a student who wants to be an entrepreneur can say to ChatGPT: "Act like a rich investor. I will pitch my new startup idea to you in English. Ask me difficult questions about my business plan."

The AI will reply like a real investor, and the student has to think quickly and answer in English. This kind of fast, interactive practice makes students think much faster in English and builds their confidence for real-world situations.

Even with all these amazing benefits, scientists and teachers warn us about some very big problems. The most dangerous problem is that students might stop thinking for themselves.

Learning a new language is like going to the gym for your brain. It is supposed to be a little bit hard. Struggling to find the right word or build the right sentence is how your brain gets stronger. If students just copy their homework questions, paste them into ChatGPT, and let the machine do all the work, they are not learning English. They are only learning how to click buttons. This makes them dependent on the machine.

Another big problem is called "AI hallucinations." This means the AI sometimes completely invents information. ChatGPT is just a computer program that guesses the next



word; it does not actually "know" facts. Sometimes, it will give a student a grammar rule that is 100% wrong, but it will say it so confidently that the student believes it. If a student does not know enough English to catch the mistake, they will learn the wrong information.

Conclusion

Artificial Intelligence is not going away; it is here to stay, and it is changing how we learn forever. Based on the research, ChatGPT is one of the most powerful extra tools a student can have for learning the English language. It gives instant feedback, explains difficult words clearly, makes grammar interactive, and lets students practice real-life conversations anywhere and anytime.

However, we must be smart about how we use it. If students use AI to do all their hard work for them, they will lose their ability to think creatively and solve problems. We must also always remember that AI makes mistakes and is not always a perfect teacher. Therefore, both teachers and students must remember that AI is a helper, not a replacement for human brainpower.

Schools and universities should not ban ChatGPT. Banning technology never works. Instead, teachers need to use interactive teaching methods to show students how to use AI the right way. We need to teach students how to check the AI's answers, how to use it to brainstorm ideas, and how to use it to test themselves. If we guide students to use ChatGPT responsibly, it can help everyone—from beginners to the most gifted learners—master the English language much faster and with much more joy.

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